

Barbara brings 20 years of organizational development, coaching, and performing to the stage.

Her keynotes provide fun, inspiration, and insight. Audiences leave with a pep in their step.

Barbara is known for her keynotes on emotional intelligence, neuroleadership, positivity, and high-performing teams. She is the author of *Commit to Confidence: 30 Strategies to Help Women Step Up and Stand Out*.

Off the stage, Barbara teaches leadership communication at the Wharton School, and is a popular host for the World Business and Executive Coaching Program.

Want a keynote where the audience can't help but take screenshots? You've found it.

barbara
roche



“ **Amazing! Inspiring!
Fun! Compelling!** ”
Please bring her back next year!



Dancing, singing,
drumming...Barbara has
an eclectic repertoire.



@confidenttalker



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Member

Book Barbara Today!

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Most Popular Keynotes

Emotionally Intelligent Teams

Learn how to incorporate four key EQ factors into your mental, emotional, and interpersonal communication.

Unleashing Your Inner Badass

For high-potential women leaders who would benefit from a boost in confidence and competence.

Positive Leadership

No one wants to follow a negative leader. Mindset and attitude are everything. Give your leaders and managers a learning experience that boosts oxytocin – the bonding chemical.

Power, Presence, and Persuasion

Develop the skills and attitude needed to command the room and influence others. This is where careers are made.

Partial List of Clients

Association for Talent Development
AstraZeneca
Blue Cross Blue Shield
Boston Public Library
Cigna
Coca Cola
DuPont
Discover Card
GE Healthcare
National Grid
Northern Trust
Nufarm
State Street Corporation
Sheetz
The Hartford
United Technologies
The Wharton School
Yale University

Praise for Barbara's Presentations

"I could listen to Barbara read the phone book."

- Pennsylvania Women's Leadership Participant

"I will be forever grateful for your passion, expertise, and kindness."

- K. Sadler, Veteran's Affairs

"Thanks so much for an engaging session. You were awesome!"

- N. Pirzada, GE Healthcare

"One of the best trainings I've ever attended."

- Manager, Coca Cola